

COPS-P for men

*This questionnaire is about the way you feel about the size or appearance of your penis. Please read the questions carefully and circle the number which best describes the way that you feel about your penis. Please read the labels carefully to ensure you are circling the number that reflects how you feel, as some of the answers are worded in a reverse order. Please answer for how you feel **over the past week**.*

1) To what extent do you feel the size or appearance of your penis is defective or unattractive?

0 1 2 3 4 5 6 7 8

|-----|-----|-----|-----|-----|-----|-----|-----|-----|

Very defective Markedly defective Moderately defective Slightly defective Not at all defective

2) To what extent does the size or appearance of your penis **currently** cause you distress?

0 1 2 3 4 5 6 7 8

|-----|-----|-----|-----|-----|-----|-----|-----|-----|

Not at all distressing Slightly distressing Moderately distressing Markedly distressing Extremely distressing

3) How often does the size or appearance of your penis **currently** lead you to avoid situations or activities?

0 1 2 3 4 5 6 7 8

|-----|-----|-----|-----|-----|-----|-----|-----|-----|

Always avoid Avoid about three quarters of the time Avoid about half of the time Avoid about a quarter of the time Never avoid

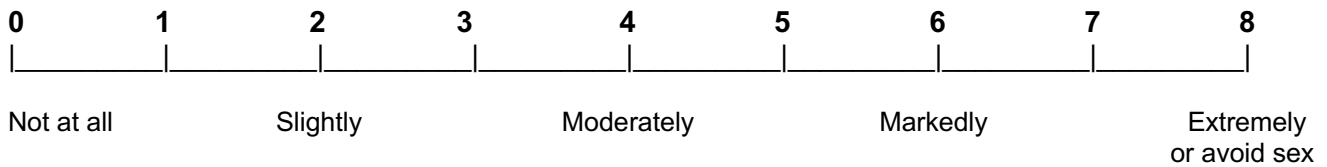
4) To what extent does thinking about the size or appearance of your penis **currently** preoccupy you? That is, you think about it a lot and it is hard to stop thinking about it.

0 1 2 3 4 5 6 7 8

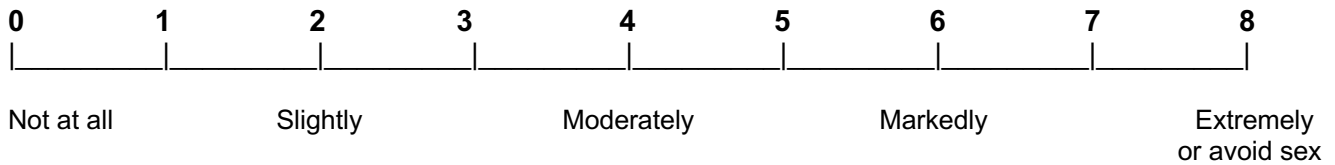
|-----|-----|-----|-----|-----|-----|-----|-----|-----|

Not at all preoccupied Slightly preoccupied Moderately preoccupied Very preoccupied Extremely preoccupied

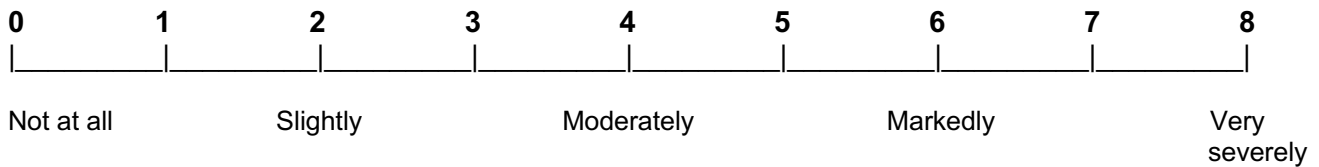
5) If you have a regular partner, to what extent do your concerns about the size or appearance of your penis **currently** have an effect on an existing sexual relationship? (e.g. enjoyment of sex, frequency of sexual activity). If you do **not** have a regular partner, to what extent do your concerns about your penis **currently** stop you from developing a sexual relationship?



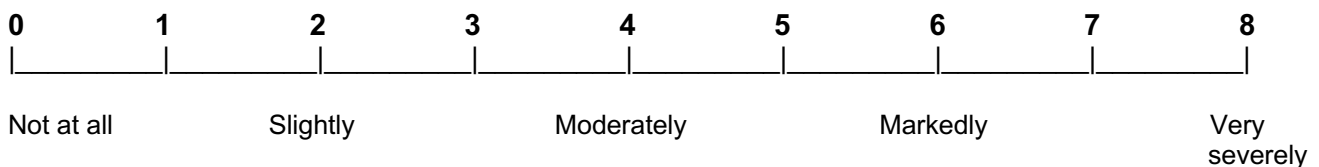
6) How much do your concerns about the size or appearance of your penis currently interfere with your ability to work or study? (Please rate this even if you are not working or studying: we are **interested in your ability to work or study**).



7) To what extent do your concerns about the size or appearance of your penis currently interfere with your social life? (with other people, e.g. going to parties, pubs, clubs, outings, visits)



8) To what extent do your concerns about the size or appearance of your penis currently interfere with leisure activities? (for example being in a public changing room).



9) How much do you feel the size or appearance of your penis is the most important aspect of who you are?

